

# MetalWorks R-H200 Hook On Installation Guide

**Armstrong®**  
CEILING SOLUTIONS

METALWORKS



# MetalWorks R-H200 Hook On Installation Guide

## Product Description

METALWORKS R-H200 Hook On panel system is a downward accessible, metal ceiling available in a range of sizes. Panels can be removed and reinstalled from below to gain access to the plenum. The ceiling system is made up of Armstrong METALWORKS R-H200 Hook On In panels which are supported by the Armstrong Ceilings Suspension System, comprising of: U-Profile Channels, J-Bar (Hook On Rails), Suspension Clips & hangers and Wall Angles located around the perimeter of the space.

The integrity of the entire suspended ceiling depends on the hangers – commonly 5mm gal rod is used, with some contractors using 2.5mm wire and M6 Threaded Rod (Both types meet Australian / New Zealand standard 2785-2020) which are used to support the U-Profiles. Bracing is to be applied where required to ensure the Suspension System remains square. The panels are supported on two sides only (can be either the long sides or the short ends – check drawings and specification).

One side will have a short hook detail that allows the panel to engage on the J-Bar suspension element and the opposite side has a long hook that will rest on top of the adjacent panel short hook. The short hook side may be easily disengaged for panel removal and plenum access. The non-supporting sides have vertical returns.

## Gaskets

A foam “Gasket” is required to be installed on the hook sides and recommended for the long non-supported side separating adjacent panels. The 3mm gasket allows panels to be installed and removed easily and creates a uniform reveal joint.

## Perforations

Panels may be perforated or non-perforated. A factory-installed acoustical fleece is typically provided on perforated panels for sound absorption. Armstrong Ceilings may also

provide additional acoustical material for increased sound absorption as required.

## Surface Finish

Steel panels are powder-coated after forming (post-coat). The surface of these panels is impact-resistant, cleanable, and non directional.

## Site Conditions

Armstrong METALWORKS ceilings are INTERIOR FINISHES only and conditions during the installation should reflect this. Armstrong Ceilings recommends during installation that relative humidity should not exceed 99%, within a temperature range of 0 to 49° C and with the absence of any “standing water”. Conditions following completion should be maintained as such.

Because of the risk of soiling, the installation of ceiling tiles should only take place after the completion of any work generating large amounts of dust. The wearing of clean gloves is recommended for installation work. The ceiling installer is responsible for the satisfactory installation of the ceiling and adherence to industry best practice and in accordance with AS/NZS2785:2020.

Ceiling tiles should only be stored in a dust-free and dry area. It is important to ensure that the tiles are not subjected to any mechanical influences, such as damage caused by the underlying surface. Ceiling tiles delivered on pallets should be stored in their original packaging until they are installed. Where this is not possible, care should be taken to ensure that cartons are stored with the designated side facing upwards. The installation company is responsible for the careful storage of tiles.

**\*Note: Specially designed MetalWorks Ceilings for EXTERIOR applications are available upon request. Contact your Armstrong Ceiling Solutions Representative for details and conditions.**

## 1. Before You Start

- All material delivered to site should be checked for damage, unopened and original packages.
- At this stage if you are unsure of the suitability of material for this project, ask questions, as it is very expensive to remove materials that have been installed.
- All materials to be kept dry and protected from the elements.

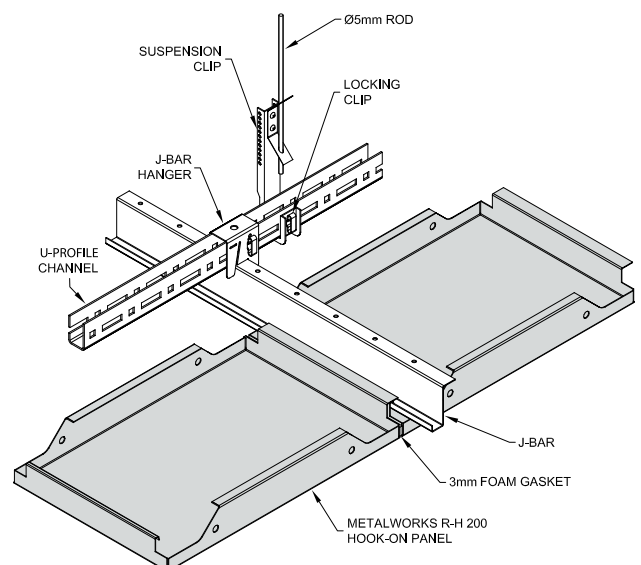
## 2. Plenum Space

- The installation of Armstrong MetalWorks R-H200 Hook On panels requires no more space in the plenum than that which is required to hang the suspension system. Panels never need to travel into the plenum space during installation or removal.
- The total height of the ceiling assembly is approximately 100mm measured from the face of the panel to the top of the U-Profile Channel. Additional space is required for the attachment of Suspension Clip and 5mm Rod.

## 3. Determine Ceiling Orientation

- It is important at this stage to determine the direction the ceiling grid and Baffles to be installed.
- The drawing supplied by the builder will show the panel direction required (rectangular panels).
- U-Profile Channels are typically oriented perpendicular to the roof purlins or joists.

## METALWORKS® R-H200 “Hook On” System



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## 4. Installation Of Wall Angle

- Wall angle type is to be determined and installed at the ceiling height as described on the construction drawing.
- Mark the desired height of the wall molding. Use a chalk line or laser to mark all walls at the same height.
- Wall angles to be fixed up to a maximum of 600mm centers to the building structure.
- The type of fixings to be used will be determined by the type of building base material used.
- Ensure all butt joints are tight and miters in corners are also neat and tight.

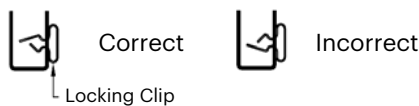
## 5. Installation Of Hangers and U-Profile

- The 5mm Gal rod shall to be cut to pre-determined lengths, and a hook bent to 30° on one end (must be a sharp bend, so the suspension bracket will fit into the bend without the rod straightening).

Where specified, the U-Profile Channel can be suspended on 6mm galvanised threaded rod. See Fig. 2 for details (Suspension Clip for Threaded Rod is Item UNITRCB).

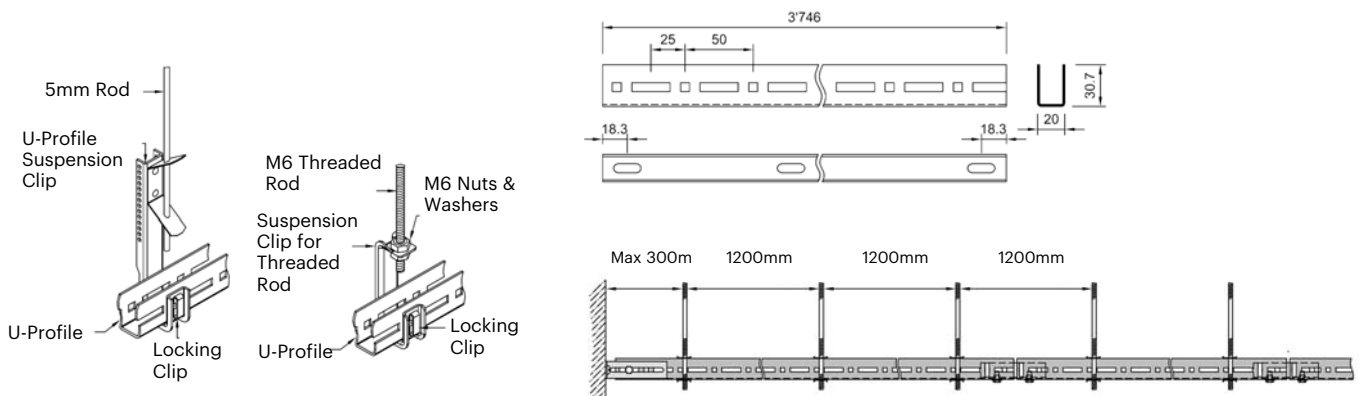
- Fit the Suspension Clip to the rod at this stage and fasten with Locking Clip (item UNI200).
- The Locking Clip is correctly fitted with the longer tongue face up (see Fig 1). The Locking clip can be removed by pressing down on the upper tongue.

**Fig. 1: Locking Clip Installation**



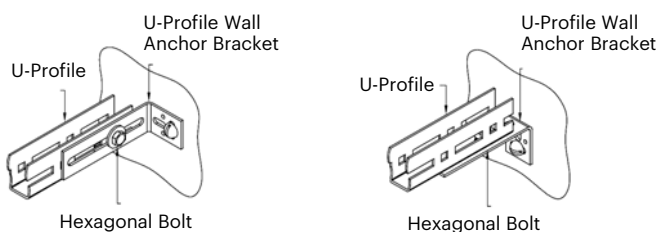
- If using 2.5mm Suspension Wire, bend the wire around the U-Profile Channel and wrap it around itself 3 times.
- Ensure all suspension rods are vertical.
- When installing the ceiling under a metal roof structure, ensure the U-Profile Channels (Item UNI111B) run at perpendicular to the purlins / trusses.
- Install U-Profile Channels at 1200mm (maximum) centres with Suspension Hangers (5mm Rod and Clip) at 1200mm (maximum) centres along the length of each U-Profile Channel). Ensure Locking Clips are installed to secure the Suspension Clip to the U-Profile Channel. See Fig. 2 for details and specific components: 5mm Rod, Suspension Clip (item UNI203B) and Locking Clip (item UNI200)

**Fig. 2: U-Profile Channel and Suspension Components**



- The U-Profile Channels adjacent to the perimeter must have three suspension points, with the other U-Profile Channels in between requiring a minimum of two suspension points.
- U-Profile Channels are to be secured to the perimeter with the U-Profile Wall Anchor Bracket (Item UNI202) See Fig. 3 for details

**Fig 3: U-Profile Detail at Perimeter**

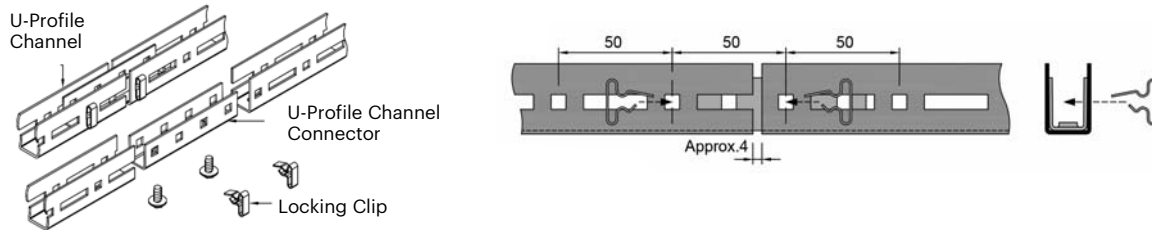


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## 5. Installation Of Hangers and U-Profile (Continued)

- U-Profile Channels are to be joined end to end with a U-Profile Channel Connector (Item UNI103B). See Fig. 4
- To ensure the U-Profile Channels are kept precisely on module, tolerances in the U-Profile Channel can be absorbed in the joint with the connector.

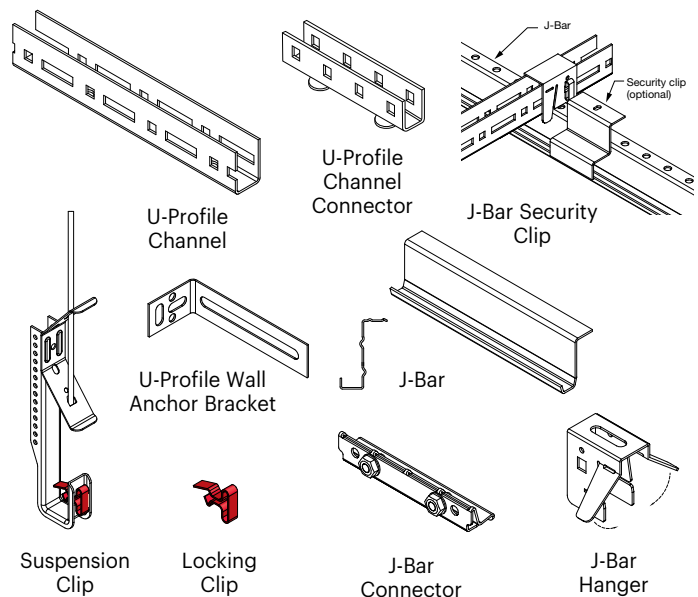
**Fig 4: U-Profile Channel and Connector**



- The 1st U-Profile Channel must be no more than 300mm from the perimeter, with the first suspension point being no greater than 300mm from the end of the U-Profile Channel.
- The U-Profile Channels are to be installed parallel, in a manner that the punchings along the length, align from one U-Profile Channel to the next. Note: the U-Profile Channels are directional and punched on both sides at 50mm OC, and 25mm offset. See Fig. 2 for details.
- It is recommended that main bar joins should be staggered to increase the strength of the system.

## 6. Components

Item Number	Description
UNI111B	U-Profile Channel (3750mm)
UNI103B	U-Profile Channel Connector
IND300026	J-Bar for R-H200 (4000mm)
UNI101	J-Bar Hanger
BPM300343	J-Bar Connector
UNI203B	Suspension Clip for 5mm Rod
UNITRCB	Suspension Clip for M6 Threaded Rod
ROD 5mm	5mm Suspension Rod
UNI200	Locking Clip
IND330056	J-Bar Security Clip
AL008RCPSW	Std "L" Wall Angle
AL009RCPSW	Shadowline Wall Angle
UNI202	U-Profile Wall Anchor Bracket



## 7. J-Bar Installation

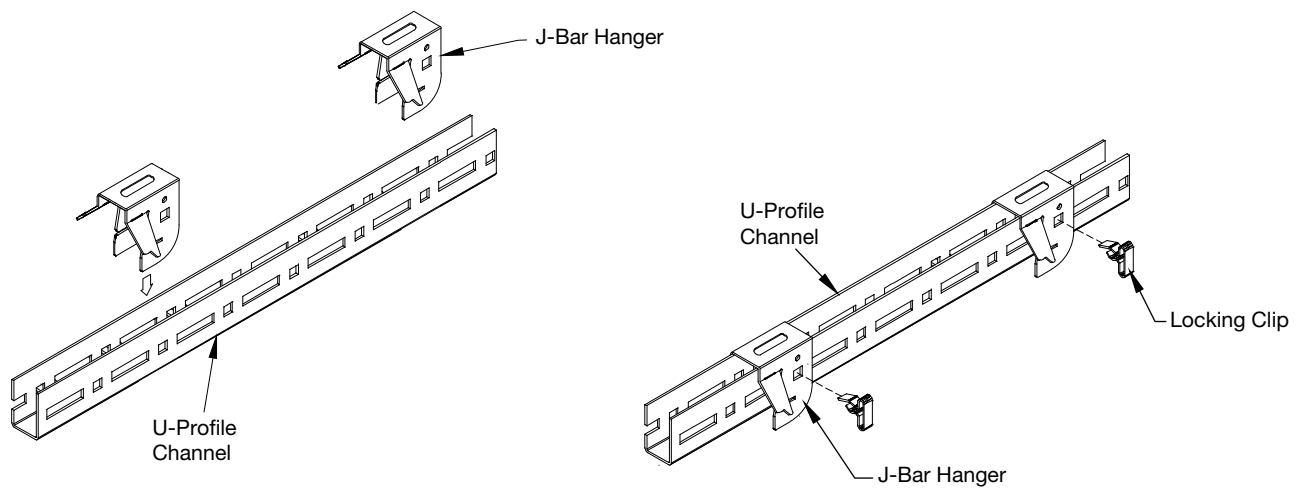
- J-Bar "Hook-On" Rails (Item IND300026) are installed perpendicular to the U-Profile Rails and located according to panel size: Typically, if supporting panels on short ends, such as for 1200 long panels, locate H-Bars at 1200mm centres; 1500mm long panels at 1500mm centres and so on. Note – J-Bar Hangers are directional.
- Each J-Bar is suspended from the U-Profile Channel using "J-Bar Hangers" (item UNI101).
- J-Bar Hangers install over the U-Profile Channel and are secured with Locking Clips (item UNI200) – **See Fig 5: for details.**
- The top leg of the J-Bar inserts into the slot in the J-Bar Hanger and secured by folding down both wings of the J-Bar Hanger.
- J-Bars are joined end to end with J-Bar Connectors (item BPM300343). Slide the J-Bar Connector over the sections to be joined and tighten bolts. – **See Fig 7: for details.**
- J-Bars are to be secured to the perimeter with the U-Profile Wall Anchor Bracket (Item UNI202) See Fig. 7 for details.



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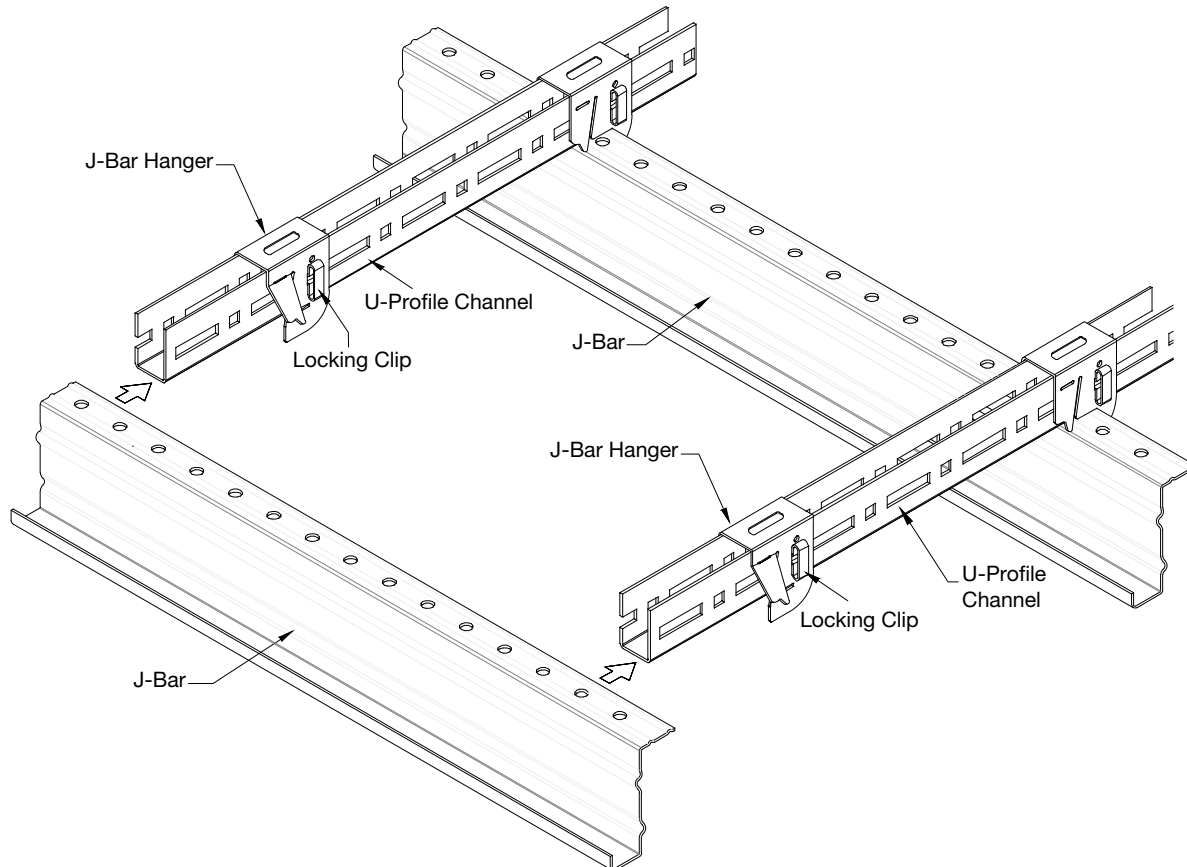
**Fig 5:**

J-Bar Hangers install over the U-Profile Channel and are secured with Locking Clips (item UNI200).



**Fig 6:**

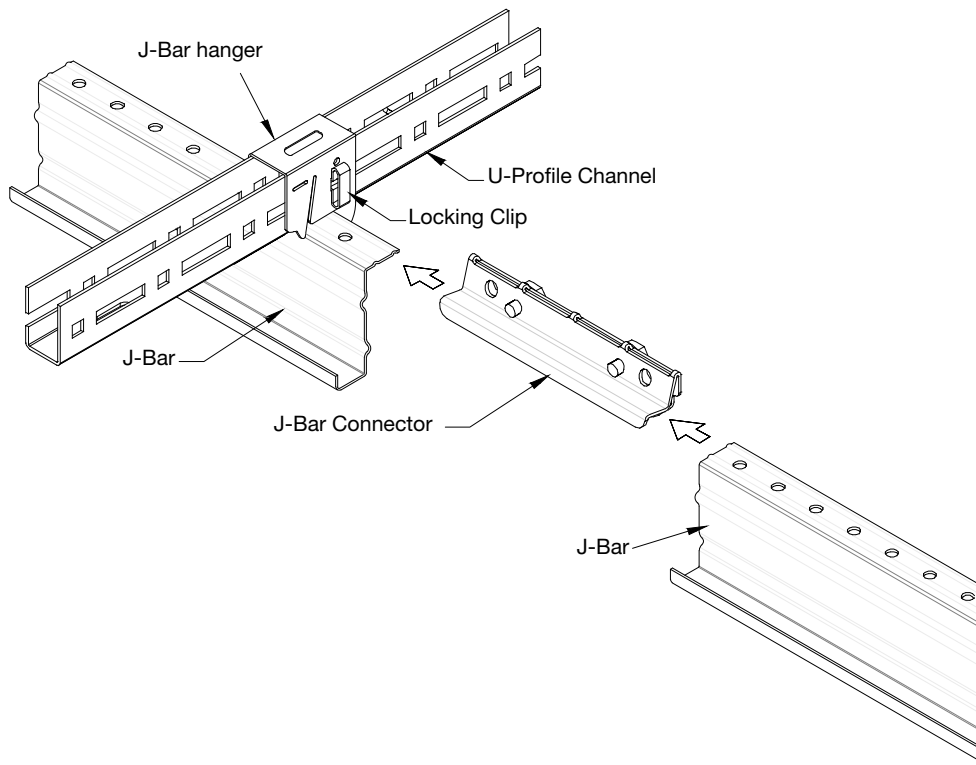
J-Bars are fixed into position with J-bar Hangers and Locking Clips.



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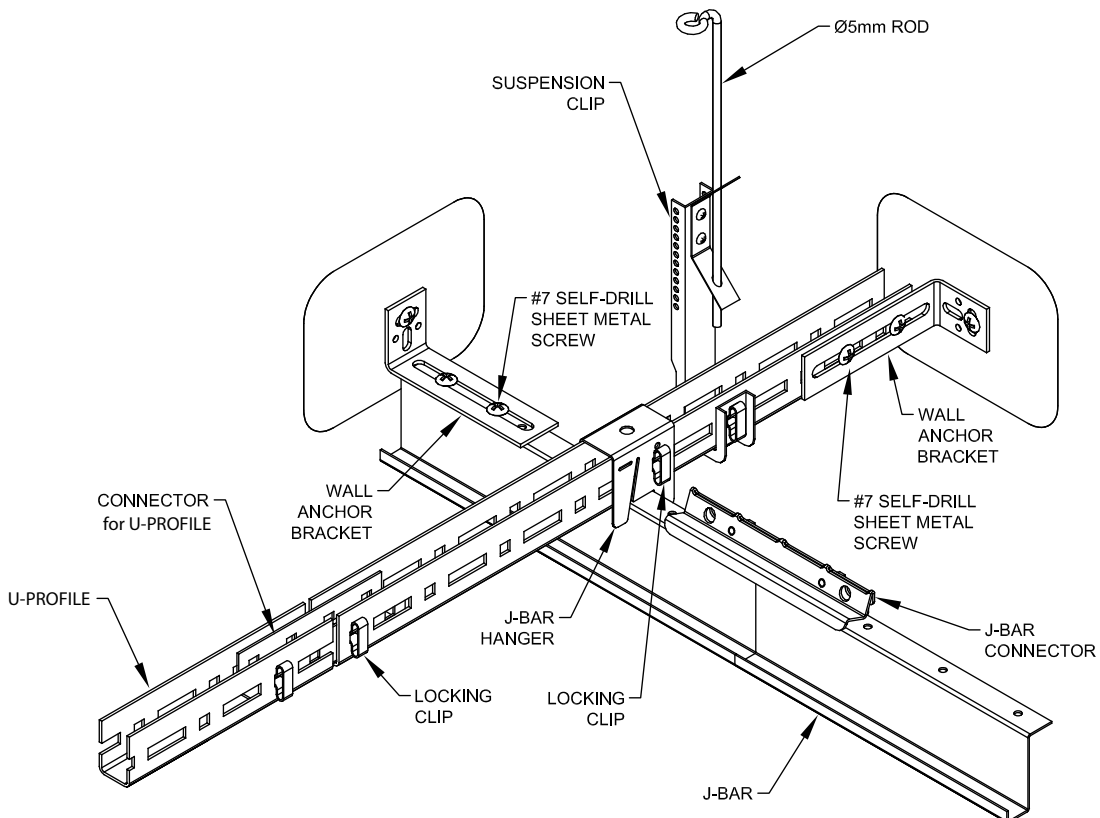
**Fig 7:**

J-Bars are joined end to end with J-Bar Connectors (item BPM300343). Use the J-Bar Connector to join sections of J-Bar. Slide the J-Bar Connector over the sections to be joined and tighten bolt.



**Fig 8:**

J-Bars are to be secured to the perimeter with the U-Profile Wall Anchor Bracket (Item UNI202)

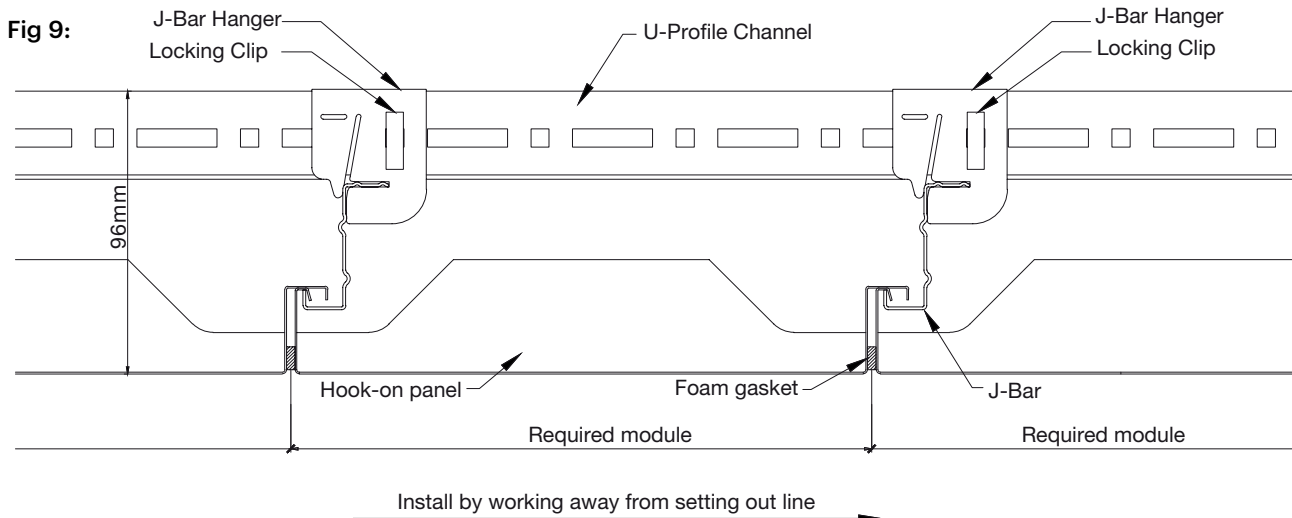


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## 8. R-H200 Panel Installation

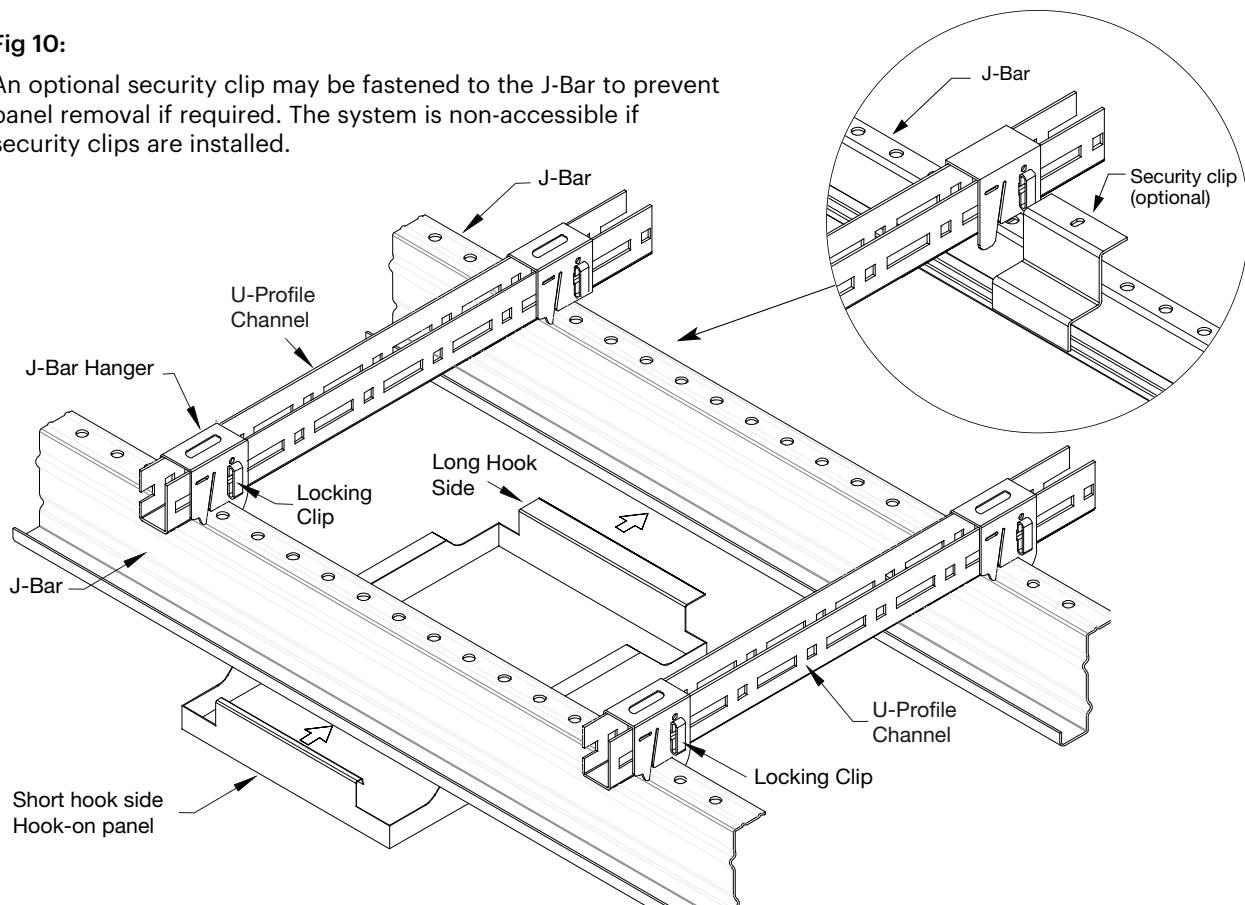
### Square the Grid, Bracing Requirements and Levelling

- Measure across the diagonals of the opening. The measurements will be the same if the grid is square.
- Depending on the size of the ceiling and design details there could be a requirement for bracing to hold the grid square and to stop grid movement during installation.
- The amount of bracing required is to be determined onsite by the installer.
- The ceiling system can be levelled by adjusting the suspension clip up and down with the use of a laser.
- The metal ceiling panels are installed as specified on the ceiling layout drawing. Panel installation is directional. The use of a laser or string line is recommended to establish straight panel alignment. A row of properly aligned panels may be secured to the J-Bars to maintain full ceiling alignment.
- A foam gasket must be used between all panel joints at the J-Bar and recommended on the unsupported edges to ease panel installation and alignment.



**Fig 10:**

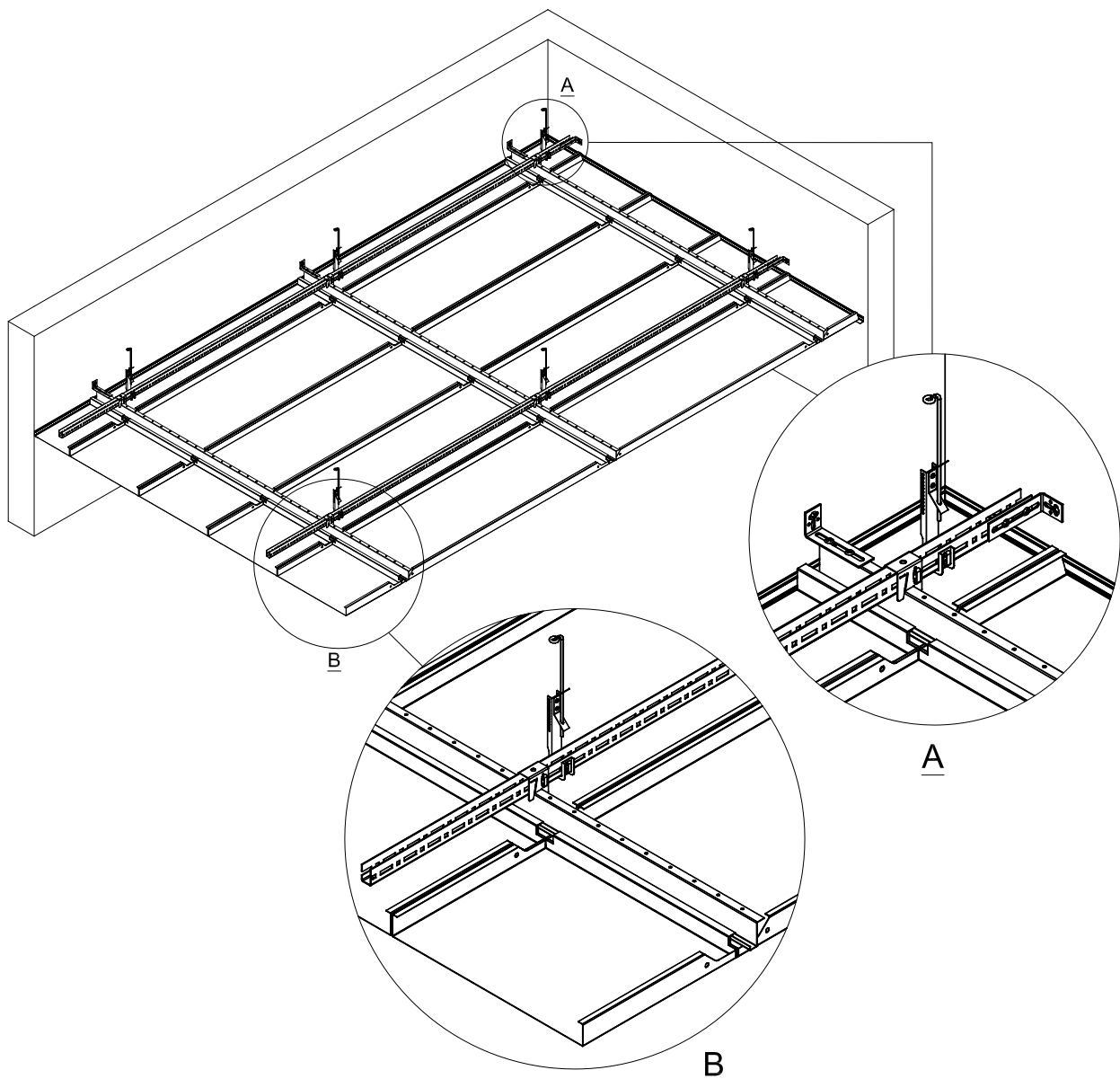
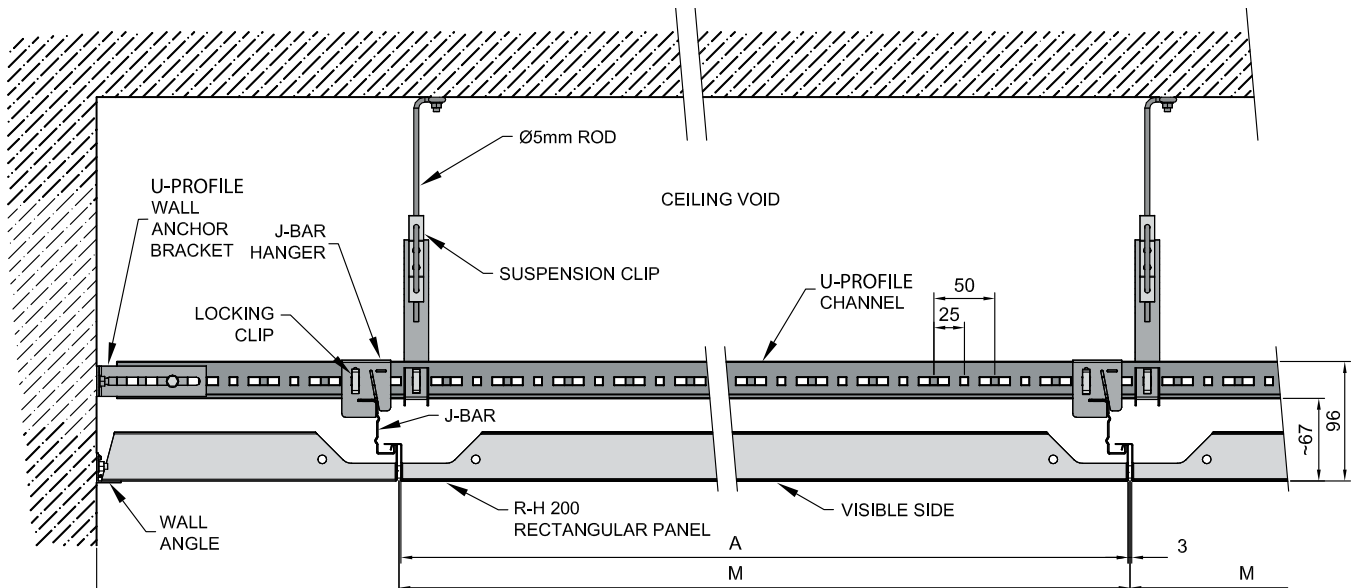
An optional security clip may be fastened to the J-Bar to prevent panel removal if required. The system is non-accessible if security clips are installed.



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## R-H200 Assembled Ceiling Detail

Fig 11:

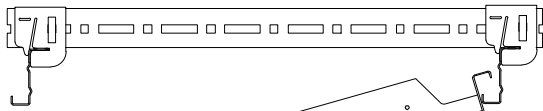




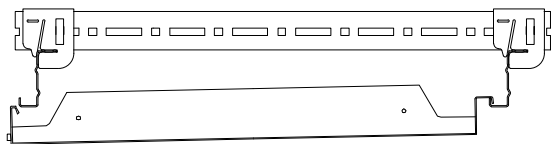
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## 9. R-H200 Panel Installation and Removal

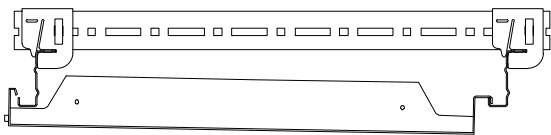
### INSTALLATION OF METALWORKS RH200 PANELS



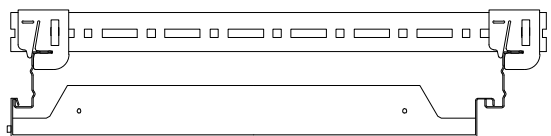
Step 1 – Fully insert the long hook side of panel above J-Bar.



Step 2 – Raise short hook side of panel slipping up above J-Bar.

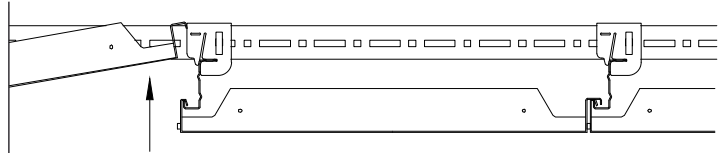


Step 3 – Make sure that short hook side lines up above before J-Bar sitting panel on J-Bar.

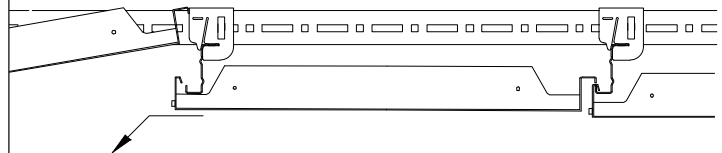


Step 4 – Lower MetalWorks panel onto Check panel(s) for J-Bar proper alignment.

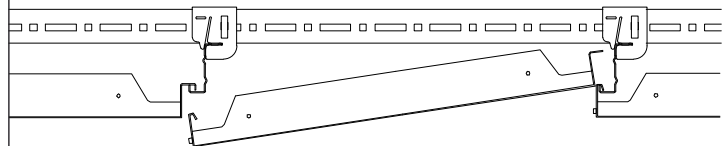
### REMOVAL OF METALWORKS RH200 PANELS



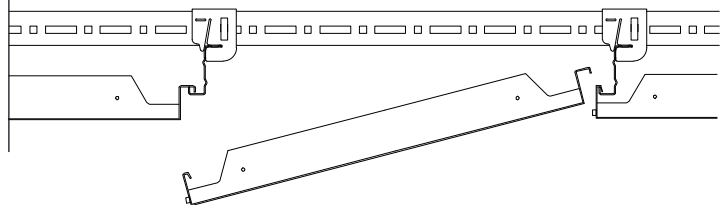
Step 1 – Carefully lift and hold adjacent panel edge.



Step 2 – Raise desired panel for removal by lifting short hook side first (place free hand at middle of panel for best results). Next, slide panel toward short hook side and tilt panel down carefully past bottom of J-Bar. Lower adjacent pane back onto J-Bar.



Step 3 – Raise long hook side up past top of hook, keeping panel at an angle J-Bar for removal.



Step 4 – Lower MetalWorks panel from the ceiling. Place adjacent panel properly back onto J-Bar. Make sure panels are properly secured.

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## 10. Cutting Options

Two different types of equipment are recommended for cutting these metal panels. Each has its own set of advantages and limitations and will be presented in order of preference based on speed.

**CAUTION:** Cut edges of metal parts can be extremely sharp! Handle metal carefully to avoid injury. Always wear safety glasses and gloves when working with metal.

### • Electric Shears or Nibblers

These electric shears resemble a drill motor attached to a pair of scissors blades. There are actually three blades; one movable centered between two stationary. When used, the tool removes a strip of material about 8mm wide. They produce a clean cut, and is quicker than using aviation snips.

**Procedure:** Mark the cut line on the face of the panel. Use aviation snips to remove a section of the edge material on the waste side of the cut line. This step is required to provide access to the face for the shears. Cut the panels face up.

**NOTE:** To prevent scratching the face of the panel, observe the direction that the 8mm band of waste material takes as it coils up in front of the cut. Position successive panels so that this coil moves across the scrap portion of the panel.

### • Aviation Snips

Both left cut and right cut aviation snips will be required for notching operations and for cutting holes for penetrations through the panel face.

**Procedure:** Notching Snips are used as needed to cut through the edge detailing on panels to provide clearance for shears or to ease corners. Application will vary depending on edge detail.

## 11. Penetrations Cutouts

**Procedure:** Penetrations are created by first drilling or punching a hole near the center and then cutting in a spiral pattern to the finished size and shape.

Exercise caution during this procedure as the hand will be in close proximity to the cut edge of the panel.

## 12. Light Fixtures and Services

- Lights fittings, depending on their weight are typically supported by the top of the U-Profile. Contact Armstrong Ceilings for specific load capacity.
- MetalWorks™ ceiling tiles will not support any services, backing plates for down lights etc are required, and should be sorted out before project proceeds.
- Depending on the size and weight of the fixtures, extra hangers may be required.
- Please consult an Armstrong Ceilings Representative with reference to loadings on grid systems.

## 13. Inclined Ceiling/ Raked Ceiling, Installation

- When installing a raked ceiling it is important that the U-Profile Channel are installed in the direction of the slope.
- Install Suspension hangers at 1200mm centres as normal practice and then you must brace each U-Profile Channel back to the purlins to stop any movement. Contact Armstrong Ceilings for more details.

## 14. Suspension Points Greater than 1200mm

When purlins are installed at centres greater than 1200mm the following is recommended:

- Suspension points on the U-Profile must remain at a maximum of 1200mm centres.
- Where a hanger is splayed up to a maximum of 45° to the vertical, they should always have an equally applied hanger in the opposite direction (this means 2 hangers).
- The vertical drop of the rods will need to be greater in length than the allowable span.
- The splayed rods must pick up the midpoint of the span.

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